

Vertical Fitness and Vertical Joy Directions

The main route through Gainsborough is via the A631 which is a dual carriage way called Thorndike way. Take Heapham Road Street off Thorndike Way and then your first left onto Marshall Way.



You are now on Heapham Road Industrial Estate – take your next right onto Sandars Road. You will go past a large unit on your right with a Crocodile logo on it. Immediately past the large unit take the first turning right through double steel gates into an area of units. Drive straight on unit you can see the Vertical Fitness and Vertical Joy logos above a unit on your right. Map below shows destination as a gold star.

